



THE VIEWPOINT

Occupational Therapy Association of Oregon Quarterly Newsletter • Winter 2011

From the President

Holiday Greetings from OTAO! Many things have happened since the excitement of the wonderful conference we had at Embassy Suites in October:

AOTF Scholarship: We have reached an agreement with the American Occupational Therapy Foundation to establish an endowment to be held, managed and used by AOTF for the benefit of the Occupational Therapy Association of Oregon. *Occupational Therapy Association of Oregon Endowed Scholarship* shall be used for one annual scholarship for a professional level student who is a resident of Oregon and is attending Pacific University. This should not interfere with our additional scholarships or research money.

New Leaders in Oregon: Pamela Hood Szivek, OTR/L was appointed State Co-Chair for Continuing Education for OTAO. Pamela hopes to get ideas for state-wide continuing education events from the results of the con-

ference and from any needs that you as members suggest to her. Please contact her at pam@corvallis-childrenstherapy.com. Pam's Co-Chair, Sally-Ann Defriez, will continue to work on the Annual Conference. Please read her article about this year's conference and the next in Hood River, October 26-27, 2012.

Erica Bartleson, OTR/L has been appointed to be the AOTA Alternant Representative for the Representative Assembly. She will work with Sean Roush, our Representative to the Representative Assembly, to keep up current on national matters. If you have any questions about SIS issues or national matters please contact her at erica.bartleson@gmail.com; and of course you can always reach Sean as he is really good at keeping up with what is going on nationally.

Cheryl Wildfang has been appointed the OTA Representative for the board. She

is very excited about getting in touch with OTAs and OTA students and getting them more involved with OTAO. Please contact her with any thoughts at wildfang@q.com

We have a nomination for a new secretary to take Trish's spot in July 2012. It is Mary Lintz, who some of you know from the pediatric world. Please look for information later regarding voting for her. If there is anyone else who would like to run please contact me.

It has been an honor this past year to be President of such a wonderful organization that strives to make OTAO and Occupational Therapy a strong, widely recognized profession. It is the board's hope that we continue to serve you, the membership, as best we can. Here's to a peaceful and joyous holiday season and may 2012 bring you all you wish.

**Sara Pickett, OTR/L
President**
otsgp@aol.com

Inside this issue:

Conference Wrap-Up	2
Treasurer's Report: Money In, Money Out	4
Marketing Report: OTAO's Vision	4
Education: ACOTE and Conference	5
Legislative Update	5
Announcements and Events	6
Call for Nominations	7

Reflection on 2011 Annual Conference with Anticipation for 2012

**2012 OTAQ
Annual
Conference is
October 26-27
in Hood River !**

Wow! What a wonderful Conference—inspiring speakers, interested attendees, great location! My thanks go out to all the speakers (all were warmly received), the fantastic group of volunteers who dedicated their time to assist at the event, and to the untiring Conference Team. Words cannot express my gratitude for all their hard work and effort and the positive attitude that they maintained throughout. I can honestly say I have never worked with such a fun and team spirited group of therapists.

After a delayed start eventually booking the location in February, we started slowly but surely to build our team

with regular meetings not occurring until April. The process was aided by a strong sense of camaraderie and a genuine wish to work together. The sense of warmth flowed over into the Conference with the main complaint: not enough down time to network and catch up on news and gossip! We will be sure to build in more breaks for next year.

We experimented with a two-day conference this year to reflect the present economy. Feedback was positive, so we plan on it again for next year. The breadth of topics was appreciated, so we shall try and provide a wide range of subjects again next year on parallel tracks with as high a quality of speakers as possible. If you know of someone who you feel should be heard please contact us, it is never too early.

With constructive feedback from a number of attendees, we intend to make a few

minor changes to further improve the Conference next year. The existing Conference Committee members have all offered to either remain in position or help our new members. With this increased continuity, we have gathered a wealth of resources that we can tweak for next year, and already have three vendors wanting to return! As you can tell we are all set to move forward with the planning of OTAQ 2012 Conference at Hood River & can't wait to begin! Of course, the more ideas the better it will be. If you haven't already offered to help and would like to do so, in any capacity, please do not hesitate to contact me at 503-704-5480 or defriezfamily@comcast.net.

I look forward to seeing you all next year!

**Sally-Ann Defriez, OTR/L
Co-chair, OTAQ Annual
Conference, 2011 and 2012
Continuing Ed Co-Chair**



Top: Grace Black Awardees, Sandra Pelham-Foster and Genevieve DeRenne. FAOTA. Middle left: Chrissy VanOsdol and guests sing "Call OT". Middle right: Conference attendees participate in Yoga Calm workshop. Bottom: Sara Pickett, Michelle Swanger, and Teri Collier team up before their session "Therapeutic Use of Groups in Long Term Care and Mental Health Settings".

A Heartfelt Thanks

The auction was successful! Thank you to all who participated. This year we raised over \$2,700 for student scholarships!

Special acknowledgment to those who donated items:

Ablenet, Anastasia Moret, Audubon Society of Portland, Best Western Plus in Hood River, Calming Hugs, Carol Gryde, Caroline Bader, Carrie Hehn, Chris Harrison-Beard, the Columbia Gorge Hotel, Cup Cake Jones, Cygnet Silver

Jewellery, DJO Global, Elizabeth Scanlon, Ellen Downes, the Washington Square Embassy Suites, Fit Right NW, Fran Jones, Full Sail Brewery, Hopworks Urban Brewery (HUB), John White, Jolene Heitman, KahNeeTa Resort, Karen Nieten, Katie Bailey, Kourtney Hamilton, Margot StrauHull, Michelle Squyres, Nancy Naishtat, Jan Cuciti, Olivia Bass, Oregon Museum of Science and Industry (OMSI), Pacific University, the Portland Nursery, Rachael

Baran, Rhonda Huston, Roberts of Portland, Ruth Braunhuber, Sean Roush, Shari Juhasz, Slack Incorporated Publications, Susan Dishaw, Tori Eaton, Fawn William Nance, and Josha Moss.



Top: Live Auction items on display entice bidders throughout the weekend. Middle: Conference Committee celebrates at the Banquet: Katie Bailey, Helen Christians, Chris Harrison-Beard, Kelly Ableman, Lizzie Scanlon, Jan Cuciti, and Olivia Bass (not pictured: Sally-Ann Defriez. Bottom: Conference attendees and presenters listen to Keynote Speaker Denise Miller, AOTPA Region V Representative.

2011 Scholarship Recipients

Cheryl Krueger, OTA student, Linn-Benton
 Joanne Vazquez, OTA student,
 Pueblo Community College in Colorado
 Johannah Wong, OTR student, Pacific University
 Sarah Foidel, OTD student, U of Utah

2011 Award Recipients

Kudos Award: Desiree Keplinger
Grace Black: Sandra Pelham-Foster and Genevieve DeRenne
President's Award: Elizabeth Scanlon

2011 Award Recipients, continued

Outstanding Volunteering, Conference Committee:

Jan Cuciti	Olivia Bass
Chris Harrison-Beard	Kelly Ableman
Elizabeth Scanlon	Helen Christians
Katie Bailey	Sally-Ann Defriez

Certificates of Merit:

Amanda Moore	Sarah Foidel
Rachel Gligorea	Karen Hass
Elizabeth Johnson	Trish Ostrandler
Maggie Hotch	Sean Roush
Erin Taylor	Sybil Fisher

Treasurer Report

At annual conference, I gave the treasurer report: “Money in. Money out”. I would like to review that with a broader audience.

“I can do my part to market OTAO to my co-workers who are not members. I can talk about OTAO’s value to individual OTs throughout the state and its mission to promote excellence”

“Money in” for OTAO is fairly simple. Membership, annual conference, and advertising/OTAO continuing education support the many costs.

“Money out” is a much longer list. OTAO pays for John McCulley, OTAO Lobbyist (17 of 24 annual conference feedback respondents stated that it was very beneficial to hear/meet John at conference). OTAO pays our only very part-time employee, Desiree. Everyone else OTAO is a volunteer. I can’t even begin to estimate the what-would-be time, talent and labor costs of the Board. We now have a licensing fee with Affiniscape for our new website. Other fixed costs include: phone services, tax preparation, a storage unit, and our PO

Box. We also purchase awards, pay for printing/ mailing of Fall Viewpoint and Annual Conference brochure. Variable costs include research money, paying a stipend to our OTAO president to attend the AOTA conference, supplies, and efforts of the marketing, membership, or CE committees.

OTAO went without an official budget from July 1, 2011 (start of our budget year) until our Board Meeting on November 17, 2011 where the Board and our proxies voted in a 2011-2012 budget. This is not Generally Accepted Accounting Principles, but my intent was a more realistic, accurate budget. So, with waiting, we got to use actual annual conference revenues.

As it stands right now, we brought in over \$11,000 from our conference—how wonderful, thank you all very much! However, this revenue com-

bined with our membership numbers/revenues estimated from previous years does not give us a balanced budget. Our OTAO Board, and in turn our OTAO members, are doing their part to support OTAO, which in turn supports ALL occupational therapists in the state.

OTAO Board Members talk about different revenue sources and possible fundraising opportunities. I am not ready to add more official work or activity to my plate. But, I can do my part to market OTAO to my co-workers who are not members. I can talk about OTAO’s value to individual OTs throughout the state and its mission to promote excellence in our profession. I ask that you do the same.

Jan Cuciti, MBA, OTR/L
Treasurer
 janhc@easystreet.net

Marketing

“We envision that occupational therapy is...POWERFUL... WIDELY RECOGNIZED... EVIDENCE BASED and GLOBALLY connected.”

Marketing has a role to play in each of these areas of OTAO’s 2011-2013 strategic vision.

Powerful: We believe through the input of members and by expanding membership, OTAO can have a stronger voice in happenings at the legislative level and within our communities. Marketing will be involved in the effort with the assistance of OTAO’s board trustee, Liz Johnson, to grow our membership from the current 240 OTs, COTAs, and OT/OTA students—

13% of the total 1792 licensees in Oregon. We want to know what issues are important to membership and anticipate posting an online survey to gather input. We’ll also be promoting the upcoming Legislative Day on February 21, 2012. **Widely Recognized:** Obviously, the more people know about occupational therapy’s influence in the lives of our clients and our work in our communities, the greater the recognition

continued on page 6



Education: ACOTE accreditation and Conference Highlights

There is much to celebrate this holiday season in relation to occupational therapy education. Focusing on the highlights of educational activities, the following events mark significant milestones and accomplishments:

Conference: Many thanks and congratulations are due to the OTA/O Annual Conference Committee for bringing the premier continuing education event in Oregon to a very successful close on October 29th. There was a strong presence of OT students amongst the conference volunteers which bodes well for life-long commitment to professional development and leadership. The conference represents another outstanding example of the three-way partnership between OTA/O, the

Oregon OT Licensing Board, and the educational programs at Pacific University and Linn-Benton Community College—that assures continuing competence through education, governance, and credentialing. This partnership is viewed as a national example of how these entities can work collaboratively to fulfill mutually shared missions and objectives.

OT Education Accreditation: The Accreditation Council for Occupational Therapy Education (ACOTE) is the national body that sets standards for educational programs and regularly reviewing the programs to assure that OT schools are meeting those standards. ACOTE recently took several actions that affect the state's two OT education programs

Linn-Benton Community College's innovative OTA program received initial ACOTE accreditation for seven years, the maximum number of years granted a new program. This strong endorsement is especially noteworthy because of the LBCC's innovative approach to educating future practitioners through a hybrid delivery system of on-ground and distance-learning approaches. OTA students can attend traditional classes on the LBCC campus while students far from the Corvallis area can participate through online classes delivered to community college electronically connected classrooms across the state. Reaching OTA students in more rural areas through this creative approach should help address

Continued on page 6

Legislative Update

The next legislative session starts in February 2012. Although it is just a short 35 days, we anticipate it will be a busy one! During this legislative session the Oregon Health Authority (OHA) will be unveiling their plans for implementation of Coordinated Care Organizations (CCO's). OTA/O has been watching these efforts, as well as other health care reform legislation for any potential impact for occupational therapy practitioners and consumers. We will also be watching for legislation regarding insurance reimbursement for children with autism spectrum disorder. As with the

2011 session, budgetary decisions will likely play a large role in is the upcoming session.

We are excited to report that OTA/O will once again be teaming up with Pacific University and Linn Benton Community College for the 4th Annual Legislative Day at the state capitol building in Salem! This year's Legislative Day will be Tuesday February 21st. OTA/O is offering 3 free CEU's for any practitioners who participate in the day's events. Please go to www.otao.com to sign up or to find out more about this CE opportunity. As in years past, it is sure to be a fun day!

As we gear up for the next legislative session, the Legislative team would like to give a special thanks to all the occupational therapists who have signed up to be legislative consultants, and to those who have contributed to our legislative efforts in years past. It is your expertise that gives us a voice in Salem! To receive legislative updates or become legislative consultant please go to www.otao.com. There you will find contact information for the legislative co-chairs.

**Karen Hass, OTR/L and Rachel Gligorea, OTR/L
Legislative Co-Chairs**

**The Fourth
Annual
Legislative Day is
Tuesday,
February 21, in
Salem.
Participants
receive 3 CEUs.**

Education, *continued*

the shortage of OT services in rural locations. Congratulations to Program Director Ann Custer and Academic Fieldwork Coordinator Maggie Hotch in meeting the rigorous ACOTE accreditation standards and process!

Pacific University School of Occupational Therapy received good news from ACOTE on two accreditation processes in December. The application for the newly proposed Doctor of Occupational Therapy (OTD) entry-level program was approved. ACOTE approval of the application means that the next cohort of students will be admitted in

the fall of 2012 to earn their OTD degree. The next step in the accreditation process for the OTD is to conduct an extensive self-study and subsequent preparation of the self-study report that will be due in August of 2012.

ACOTE requires “Interim Reports” on programs that are already accredited. The Master of Occupational Therapy (MOT) curriculum was accredited in 2007 for a ten year period and ACOTE required an Interim Report for 2011. The report was accepted and the MOT program remains in good standing with ACOTE. The last class scheduled to graduate

with the MOT degree will be the class of 2014.

Pacific’s School of OT is also beginning the post-professional Doctor of Occupational Therapy degree (OTD) program in 2012. Initially, and for the first year of the program, admission is limited to Pacific MOT graduates from the class of 2007 forward. Admission to all practicing occupational therapists whom hold a master’s degree in OT will begin in the fall of 2013.

**John White, PhD, OTR/L
OT Practice Education SIS
Director, Pacific University
School of OT**

Marketing, *continued*

and esteem of our profession. To this end, we invite you to send your stories, successes, and activities for promotion on our website, www.otao.com, Facebook, and other outlets. An exciting opportunity accessible state-wide is that of Oregon Public Broadcasting’s Public Insight Network where story ideas and areas of expertise are solicited on an ongoing basis. Find out more at www.publicinsightnetwork.org

Evidence Based & Globally Connected: Marketing will be getting out the word regarding upcoming continuing education events around the state throughout the year. If you are practitioner, educator, or student with a project for expanding the body of evidence for OT practice, please consider applying for the OTAO Research Grant (historically, one \$500 grant per year). For details, click Research under the Member Center at www.otao.com.

Looking ahead at 2012, we are motivated to realize this vision. We welcome the opportunity to mentor anyone looking to get involved in these efforts. Nominations are being accepted for 2012, including Marketing. We welcome your comments! Feel free to contact us through Facebook or look us up at www.otao.com.

**Amanda Moore, OTR/L
Marketing Co-Chair**

Announcements and Upcoming Events

Would you like an opportunity to support the next generation of Occupational Therapists?

The Pacific University’s School of Occupational Therapy would like to invite you to consider serving on our Advisory Board. Our Advisory Board meets four times per year and serves to assist the Pacific University School of Occupational Therapy in its development and recruitment of students, enhancing the educational and service roles for the School of OT, and promotion of the OT profession. Please visit our website to learn more: <http://www.pacificu.edu/ot/faculty/AdvisoryBoard.cfm>

You have a **new OTAO COTA representative**. My name is Cheryl Wildfang. If you have any concerns that you wish to be brought to OTAO board please email me at wildfang@g.com.

Legislature Day: Tuesday, February 21
Capitol Building, Salem OR

Submit an article for publication or an idea to make the newsletter a useful and engaging benefit of membership to egscalon@gmail.com.

**CALL FOR NOMINATIONS
OTAO 2011-12**

Nominations must be received* by March 16, 2012 to be on Ballots

Secretary

Nominee

Trustee

Nominee

*** Nominations can be returned by fax, e-mail or mail:**

Fax: (503) 690-1819

E-mail: otao@otao.com

Mail: OTAO, PO Box 7133, Aloha OR 97007

About the Positions:

Secretary:

This position is a two-year term and begins July 1, 2012 and ends June 30, 2014. The Secretary is a voting member of the OTAO Board of Directors, and must attend all scheduled Board meetings. The Secretary is responsible for recording and distributing the minutes of meetings of the board of directors within one week of such meetings. In addition, the Secretary maintains a book of minutes, give all notices required by OTAO bylaws, is responsible for roll call and determining a quorum at Board meetings, and performs all other duties as assigned by the Board of Directors.

Trustee:

This position is a two-year term which begins July 1, 2012 and ends June 30, 2014. The Trustee is a voting member of OTAO and the Trustee attends all scheduled Board Meetings. The Trustee shall function as an advocate for members in the seven designated regional areas, function as a liaison between the board of directors and the members of the Corporation, and be responsible for identifying a regional representative in each regional area.



Mail:

OTAO
PO Box 7133
Aloha, OR 9700

Fax:

(503) 690-181

E-mail:

otao@otao.com

We're on the web:
www.otao.com

Printed on recycled paper, the Viewpoint is published by the Occupational Therapy Association of Oregon.

Editor: Lizzie Scanlon, MOT, OTR/L. Email: egscanlon@gmail.com

Guidelines for contributions: News and feature articles are welcomed. Submitted articles should be practice related, accuracy of information is the responsibility of the authors. Publication of articles is primarily for informational and educational purposes and not for promoting or endorsing one particular technique, procedure or philosophy over another. OTAO disclaims any liability or responsibility for individual use of applications or procedures or techniques described. Subject matter presented in "Letters to the Editor" column reflects the personal opinion of the author(s) and is not meant to represent the policy or opinion of OTAO. Photos should be black and white, at least 3x5 in, with good definition of detail. Deadline for receipt of articles is the 20th of the month preceding the desired month of publication (contact the editor for details). Submitted materials cannot be returned. Copies of the newsletter are available from the Executive Office for \$10.00
Subscription Rates: Subscription is a benefit of OTAO members and is included in yearly membership rates.

Change of Address: Should be provided to OTAO via mail or E-mail as provided above, or done online by the Member. Newsletters are mailed 3 class and will not be forwarded by the post office. Yearly membership is renewed in July; applications must be received by November 1 for members to be included in the annual membership directory.

Advertising: All ads should be submitted to: Desiree Keplinger, OTAO, PO Box 7133, Aloha OR 97007, or via email at: otao@otao.com, by the 15th of the month preceding the desired month of publication. OTAO is not responsible for statements made by its advertisers; unless so stated, publication of advertisements doesnot reflect an official endorsement of the OTAO. Prepayment must be received prior to inclusion of advertisement. Advertising rates can be viewed at: www.otao.com/Advertising

University of Washington Sixth Annual Hand Therapy Course

Elbow & Wrist Instability

8:00am – 5:00pm Saturday April 21st, 2012

(doors open at 7:00am)

COURSE OBJECTIVES:

To provide current and clinical information for the treatment of conditions in the hand and upper extremity through lecture sessions and real-time cadaveric demonstrations led by a cohort of physicians, therapists, faculty, and fellows

COURSE LOCATION

Hogness Auditorium
Health Sciences Bldg.
1959 NE Pacific Street
4th Floor, Room A-420
Seattle, WA 98195

FEATURED GUESTS:

Richard A. Berger, MD
Professor of Orthopaedics, Mayo Clinic
Chair, American Academy of Orthopaedic Surgeons, 2005-2007
President, American Association for Hand Surgery, 2004

Susan L. Michlovitz, PT, PhD, CHT
Cayuga Hand Therapy PT, Ithaca, NY
President-Elect, American Society of Hand Therapists, 2012
Co-Editor of "Modalities for Therapeutic Intervention"



PROGRAM COST

Early Bird (before March 1st): \$150
Regular (March 1st to April 7th): \$165
Late (after April 7th): \$180

*Participants of this course are eligible to receive up to 8.0 contact hours of continuing education units.

Contact us or find us
online for more
information about the
course and for
registration materials!

www.orthop.washington.edu | www.uwhand.com | uwhand@uw.edu